

weDATE: July



{Step 1: 4play} Act as you did when you and your spouse first **started dating**, taking extra time to look your best. Compliment your spouse on the way they look. Be polite. Open doors, hold hands, steal kisses, cuddle, caress, and put your arms around each other. **Act like you're trying to get a second date.** Be charming, be curious, and be funny. Don't take for granted the fact that you can date your spouse anytime. Show enthusiasm and excitement! Remember, protect your date night from conflict by interrupting any argument and agreeing to talk about the issue at a later time.



{Step 2: Windshield Time} Any time you are driving, whether it's to the restaurant, the adventure, dessert, coffee or home, maximize your time and **maintain an attitude of curiosity by asking and answering the "WEDISCOVER Questions"** on the next page. Be fascinated by your spouse as you learn new information about each other!



{Step 3: Table for Two} For the launch of their new spicy chicken sandwich we have partnered with Chick-fil-A for **"Spicy Date Night"** on Friday, July 16th between 5:30pm - 8:30pm. Don't forget to download a **free spicy chicken sandwich** coupon for the July 16th Spicy Date Night and then take it to your area Chick-fil-A restaurant (limit 1 per couple, per visit).



{Step 4: Marriage Adventure} Your only responsibility is to have fun and **enjoy this month's special date night activity!** Continue to ask and answer the "WEDISCOVER Questions" as you drive to and from your adventure location.



{Step 5: Slow Down} After the adventure is over, **find a quiet place for dessert or coffee** to unwind and emotionally connect over some good conversation.



{Step 6: Finish Line} As you are driving home, **answer the "Finish Line Questions"** to make the most of your evening. Once you get home, however, it's up to you what happens next! Have a great final adventure!



{Step 7: Remember It} Be your own love historian. Bring a camera and **take photos of you and your spouse at different locations.** Tell about your evening together and upload pictures of your evening at nwamarriages.com.

{weDISCOVER Questions}

The key to a great marriage is a great friendship. Not only do friends like being together, but they are interested in one another as well. Usually your best friend knows more about you than anyone else on earth! Thus, get in the habit of regularly asking your spouse questions. Be curious. Be fascinated. Listen to how your spouse responds. Learn how they think and discover and how they feel about a wide range of topics. Maintain the attitude that “One lifetime isn’t long enough to truly get to know my spouse!”

Here are some fun and interesting questions. Don’t feel like you need to answer all of the questions; instead, use them as a way to update your knowledge or learn something new about your spouse.

- 1 What are some things that you learned or discovered about me when we were dating that made you think, “I want to spend the rest of my life with this person?”
- 2 What was the specific moment that you realized you had fallen in love with me?
- 3 What are some activities that you used to enjoy doing with me that we haven’t done in a long time? How could we recreate those or begin doing those things again?
- 4 At some point, every couple gets stuck in a rut relationally. In what ways does it feel like the excitement has faded in our marriage and been replaced by the demands and responsibilities of married life and raising a family? What are some of our relational ruts? How can we break out of these ruts?
- 5 Describe in detail your ideal “spicy” date night—a date that is new, fresh and outside the norm?
- 6 What are some unique or unusual activities around NWA that we could do to strengthen the feelings of spontaneity, fun, excitement and togetherness?
- 7 What are some small gestures, gifts or activities that I could do periodically to “surprise” you — something that would make you feel loved and cared for?
- 8 What are some things I could do to “flirt” with you (texting, email, phone call, notes, words, actions)?
- 9 In this season of our life together, help me understand the type of physical affection (not sex) you like, when you like it, and how often you desire it (i.e. holding hands, hugs, kissing, shoulder massages, back rubs, cuddling, spooning)?
- 10 What are some new and fresh things we could do to spice up our love life? Describe in detail how you like to be romanced? Describe the perfect evening of love making?

{Finish Line Questions}

Take turns answering the following three questions. Be sure you are a good listener and keep your responses positive, encouraging and uplifting.

- 1 What was your favorite part of the evening?
- 2 What is one thing that you learned about me tonight that you didn’t know before?
- 3 How can we keep our marriage new, fresh, exciting and “spicy”?